**Ore City ISD School Health Advisory Council**

**Minutes from February 9, 2023**

The Ore City ISD SHAC met on Thursday, February 9, 2023, at 4:00pm in the Administration Building. Those present included: Mindy Hamilton, Rebecca Williams, Lynn Heflin, Beau Vincent, Chad Miller, Debra Brill, Sarah Lange, Kurt Bannert, Kristy Stevens, Dibbrell Gilbreath, and Rhonda Randall. The meeting agenda and minutes from the previous meeting on December 8, 2022, were handed out and reviewed.

* Elementary Nurse, Rebecca Williams, read a report from Coach Scott Smith concerning the Walk Across Texas challenge that elementary students are participating in. Students have been given pedometers to keep track of their daily steps. So far students and teachers have logged more than 3300 miles. Nurse Becca also shared that the PreK will be starting the Color Me Healthy program to teach students about healthy eating and physical activity. If the Elementary campus completes one more program from the Ag Extension Agency, they will qualify to be a Healthy Schools Recognized Campus.
* Rhonda Randall, LMSW, from the Texas Department of State Health Services spoke to the committee about available resources for students and their families to help them address health needs and concerns. The committee discussed having a representative from the TDSHS attend an event at the campuses where families with healthcare needs could be counseled on healthcare resources.
* A report was given about the annual district-wide weight-loss competition in the district. The Biggest Loser 2023 kicked off on January 17. There are 17 staff members district-wide participating. The final weigh-in will be March 10, and a $170 cash prize will be awarded to the person with the greatest weight loss percentage.
* Kurt Bannert reported that 26 new district employees received mental health training in January. All OCISD employees have now completed this training. Mr. Bannert also reported that 26 OCISD students from 9 families were given Christmas gifts with the money given by an anonymous donor.
* Sixteen juniors and seniors registered to receive meningitis vaccines at the vaccination clinic held February 8 during school. The meningitis booster is required by colleges, trade schools, and the military after graduation.
* Upcoming events were announced, including: Blood Drives on 2-24-23 and 4-26-23, Staff B12/Lipo Shots on 3-8-23, 4-5-23, and 5-3-23, Smiles of Tomorrow Mobile Dentist in April, and Back to School Shots 5-3-23.

**The next SHAC meeting was set for Thursday, April 13, 2023, at 4:00pm in the Board Room.**