**Ore City ISD School Health Advisory Council**

**Minutes from December 7, 2023**

The Ore City ISD SHAC met on Thursday, December 7, 2023, at 4:00pm in the Board Room. Those present included: Mindy Hamilton, Beau Vincent, Rebecca Williams, Amy McFatridge, Sarah Lange, and Rhonda Randall. The meeting agenda and minutes from the previous meeting on October 12, 2023, were handed out and reviewed.

* Nurse Hamilton presented an update on the Goodside Health clinics on each campus. To date, the nurses have seen and treated 86 patients through the Goodside Health Clinic since school started this year. An information sheet will be provided to each campus to include in new student packets.
* The Council was shown a LifeVac choking device and given information about it. It is used on someone in an emergency who is choking. We currently have one in the nurse’s office at the elementary school. We received another one from Region 7, which will be stored in the MS/HS cafeteria. Plans have been made to obtain two more for the district. The Council suggested that Nurse Mindy present the 3-minute video to staff on the January 3 workday with instructions concerning the LifeVac.
* A report was given about the UT Health Mammogram Mobile Unit and Student Flu Shot Clinic. The mobile mammogram unit screened 15 women on 12-6-23. The Student Flu Shot Clinic vaccinated approximately 120 students 10-23-23. Smiles of Tomorrow Mobile Dental Unit screened and cleaned 19 students and 6 staff members on October 24, 26, and 27. They will be back to provide services again in April. Numerous staff members are taking advantage of the B12/Lipo shot clinics that come monthly to each campus. They are also able to receive other vaccinations during these clinics. This has been a huge help in our efforts to keep our staff healthy and well.
* The SHAC council discussed doing something different this year in place of our Annual Biggest Loser contest. We will promote a healthy start to 2024 with a program that will last from January until Spring Break. It will provide tools/encouragement for healthy eating, hydrating, staying active, and maintaining good mental health. Details will be presented when staff returns after the holidays.
* Upcoming events were announced, including: STUCO Blood Drives (12/8 and 2/23), Staff B12/Lipo Clinics (12/13, 1/10 and 2/7), Junior/Senior Meningitis Shot Clinic (2/7)

**The next SHAC meeting was set for Thursday, February 8, 2024, at 4:00pm in the Board Room.**