**Ore City ISD School Health Advisory Council**

**Minutes from December 13, 2018**

The Ore City ISD SHAC met on Thursday, December 13, 2018, at 4:00pm in the Board Room. Those present included: Mindy Hamilton, Nathan Heflin, Lisa Wright, Beau Vincent, Rita Clawson, Tammy Allen, Jason Kennedy, and Amanda Jones. The meeting agenda and minutes from the previous meeting on October 24, 2018, were handed out and reviewed.

* The SHAC committee worked on the Wellness Plan at the previous meeting, updating and editing it. The Board then approved it on November 12, 2018. The updated and board-approved Wellness Plan was handed out to members for review. It has been posted on the district’s website.
* A report was given about the Breath of Life Mobile Unit, Carter Blood Drive, and the Senior Meningitis Shot Clinic. Breath of Life Mobile Unit screened and treated 10 students with asthma on November 6. Carter Blood Drive collected 32 units of donated blood on December 10, which again exceeds the goal. Ten seniors who had not yet received the Meningitis booster shot had the immunization administered November 7.
* Campuses have been busy serving the needs of the community. The district collected a total of 2,242 cans for the Ore City’s Ministerial Alliance. High School collected 306 cans. The Middle School collected 136 cans. The Elementary collected 1800 cans. Also, the Middle School and High School will be teaming up for Serve Day on December 19. Students and staff will be meeting needs at 28 different sites in our area.
* The High School will present a Distracted Driving program for students on January 18. The Agrilife Extension Agency will not only speak to the students about the dangers of distracted driving, but they will have a distracted driving simulator and virtual reality goggles on hand for students to experience. Student Council will present information in conjunction with this that promotes safe driving.
* District Nurse, Mindy Hamilton, presented a hot topic: Narcan in Schools. Deaths from opioid overdose is increasing in record numbers in the United States. With these numbers on the rise, the risk of an overdose by a student at school has also risen. Schools around the nation are stocking the nurse’s cabinet with Narcan (naloxone) nasal spray, which can reverse the effects of opioid overdose and prevent death. The SHAC voted unanimously to move forward with obtaining the Narcan, which is free to the district through an educational grant provided through the National Association of School Nurses, if approved by Superintendent Lynn Heflin. More information on this can be found at: <https://www.nasn.org/advocacy/professional-practice-documents/position-statements/ps-naloxone> and at <https://www.whitehouse.gov/opioids/>
* Upcoming events were announced, including: Blood Drive on 2-11-19, Staff B12 Shots on 1-9-19 and 2-6-19, Staff Blood Screenings on 2-6-19, and ETMC Mobile Mammogram Unit on 2-7-19.

**The next SHAC meeting was set for Tuesday, February 19, 2019, at 4:00pm in the Board Room.**