## Middle and High School Breakfast

January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			Cinnamon Toast Crunch Cocoa Puffs Frosted Flakes Eggo Mini Blueberry Pancake Fresh Banana 100% Fruit Juices Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly	Cinnamon Toast Crunch Golden Grahams Lucky Charms Crispito Chicken Box of Raisins 100% Fruit Juices Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly
	9	10	11	12
Cinnamon Toast Crunch Cocoa Puffs Apple Jacks Muffin Applesauce Cup Grape or Orange Juice Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly Strawberry GoGurt	Cinnamon Toast Crunch Frosted Flakes Golden Grahams Kolache Pineapple Tidbits 100% Fruit Juices Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly	Lucky Charms Froot Loops Cinnamon Toast Crunch Breakfast Eurrito Fresh Orange Slices Apple or Grape Juice Buttered Tcast Milk, 1% Unflavored Milk, FF Chocolate Jelly	Cinnamon Toast Crunch Cocoa Puffs Frosted Flakes Eggo Mini Blueberry Pancake Fresh Banana 100% Fruit Juices Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly	Cinnamon Toast Crunch Golden Grahams Lucky Charms Crispito Chicken Box of Raisins 100% Fruit Juices Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly
15	16	17	18	19
MLK	Cinnamon Toast Crunch Frosted Flakes Golden Grahams Muffin and Cheese Stick Pineapple Tidbits 100% Fruit Juices Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly	Cinnamon Toast Crunch Lucky Charms Frosted Flakes Breakfast Pizza Fresh Orarge Slices Apple or Grape Juice Buttered Tcast Milk, 1% Unflavored Milk, FF Chocolate Jelly	Cinnamon Toast Crunch Cocoa Puffs Frosted Flakes Hashbrown Casserole Fresh Banana 100% Fruit Juices Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly	Cinnamon Toast Crunch Golden Grahams Lucky Charms Crispito Chicken Box of Raisins 100% Fruit Juices Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly
22	23	24	25	26
Cinnamon Toast Crunch Cocoa Puffs Apple Jacks Muffin Applesauce Cup Grape or Orange Juice Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly Strawberry GoGurt	Cinnamon Toast Crunch Frosted Flakes Golden Grahams Sausage Biscuit Pineapple Tidbits 100% Fruit Juices Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly	Lucky Charms Froot Loops Cinnamon Toast Crunch Breakfast Quesadilla Fresh Orange Slices Apple or Grape Juice Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly	Cinnamon Toast Crunch Cocoa Puffs Frosted Flakes Donut Powdered Sugar Fresh Banana 100% Fruit Juices Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly	Cinnamon Toast Crunch Golden Grahams Lucky Charms Crispito Chicken Box of Raisins 100% Fruit Juices Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly
29	30	31		
Cinnamon Toast Crunch Cocoa Puffs Apple Jacks Muffin Applesauce Cup Grape or Orange Juice Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly Strawberry GoGurt	Cinnamon Toast Crunch Frosted Flakes Golden Grahams Kolache Pineapple Tidbits 100% Fruit Juices Buttered Toast Milk, 1% Unflavored Milk, FF Chocolate Jelly	Lucky Charms Froot Loops Cinnamon Toast Crunch Breakfast Croissant Fresh Orarge Slices Apple or Grape Juice Buttered Tcast Milk, 1% Unflavored Milk, FF Chocolate Jelly		

This institution is an equal opportunity provider