

## Human Sexuality Instruction

As a part of the district's curriculum, students receive instruction related to human sexuality. The School Health Advisory Council (SHAC) is involved with the selection of course materials for such instruction.

State law requires that any instruction related to human sexuality, sexually transmitted diseases, or human immunodeficiency virus or acquired immune deficiency syndrome must:

- Present abstinence from sexual activity as the preferred choice of behavior in relationship to all sexual activity for unmarried persons of school age;
- Devote more attention to abstinence from sexual activity than to any other behavior;
- Emphasize that abstinence is the only method that is 100 percent effective in preventing pregnancy, sexually transmitted diseases, and the emotional trauma associated with adolescent sexual activity;
- Direct adolescents to a standard of behavior in which abstinence from sexual activity before marriage is the most effective way to prevent pregnancy and sexually transmitted diseases; and
- If included in the content of the curriculum, teach contraception on condom use in terms of human use reality rates instead of theoretical laboratory rates.
- In accordance with state laws, below is a summary of the district's curriculum regarding human sexuality instruction:
- Ore City ISD has selected the Choosing the Best abstinence-based sex education curriculum to be implemented beginning in the sixth grade and continuing through high school. Choosing the Best curriculum provides factual, age-appropriate information that helps students understand that abstinence is the expected standard for teens. As students advance from grade to grade, they receive more detailed information and learn lessons that build upon knowledge acquired in previous years.

### 6th Grade

Provides an introduction to puberty, teen pregnancy and STDs. Students also learn proactive life skills and goal setting.

### 7th Grade

Curriculum is more detailed, specifically regarding STDs and legal matters. Students learn refusal skills through role playing.

### 8th Grade

Detailed information is given on STDs, teen pregnancy, and the laws concerning teens and sex. Role playing is used to help students learn about peer pressure, goal setting and setting limits.

### High School

Curriculum focuses on developing skills for life and healthy relationships.

As a parent, you are entitled to review the curriculum materials. In addition, you may remove your child from any part of this instruction with no academic, disciplinary, or other penalties. You may also choose to become more involved with the development of curriculum used for this purpose by becoming a member of the district's SHAC. Please see the campus principal for additional information.