**Ore City ISD School Health Advisory Council**

**Minutes from October 18, 2016**

The Ore City ISD SHAC met on Monday, October 18, 2016, at 4:00pm in the Board Room. Those present included: Mindy Hamilton, Lynn Heflin, Rachel Perez, Nathan Heflin, Rita Clawson, Julie York, Shannon Pruett, Stephanie Warner, and Vickie Blundell.

* Introductions were made and handouts were given concerning the OCISD Wellness Plan and the SHAC Vision/Mission/Policies. An update to the Wellness Plan has been made to reflect the change in free meals provided at the Elementary campus. Free breakfasts will continue to be provided to all Elementary students during the 2016-2017 school year; however, free lunches have been discontinued.
* A report was given about the Health Fair that was held Monday, August 15, 2016, from 5pm-6:45pm in the library in conjunction with the Meet the Rebels Night. There were 20 booths this year at the Health Fair with approximately 300 in attendance. Those who attended were able to get their blood pressure checked, have their weight, height and BMI calculated, and receive numerous giveaways from the organizations in attendance. SHAC brochures were given out, and people were encouraged to sign up to serve on the SHAC committee this school year.
* Mindy Hamilton reported that more than 145 immunizations, including flu shots, were given at the Flu Shot Clinic on Wednesday, September 21, 2016. Immunizations offered included: flu vaccine, Tdap, Hepatitis A, Hepatitis B, Meningococcal, B12, pneumonia, and MMR. This year the Flu Clinic expanded its services to include the community.
* Hamilton presented Hot Topic: Concussion to those present at the meeting. Information was given concerning the definition of concussion, UIL rules and regulations concerning concussion, and Ore City ISD’s concussion management and protocols.
* Upcoming events were announced, including: Smiles of Tomorrow Mobile Dentist 12/1/16-12/2/16, Mobile Asthma Clinic 11/1/16, and Carter Blood Drives 12/12/16, 2/6/17, 4/3/17
* Julie York, Upshur County Extension Agent, who was present at the meeting, shared with the group some programs that might be of interest to OCISD. These programs included alcohol/drug awareness programs, as well as Back to Basics online nutrition classes for parents. She also announced that there would be a Movie Night on the Square in Gilmer Friday, December 2, 2016 at 6:30pm, and an Upshur County Health Fair on Saturday, March 4, 2017.

**The next SHAC meeting was set for Monday, December 5, 2016, at 4:00pm in the Board Room.**