

Ore City High School Cheerleader Constitution

Try-Out Information:

1. At the time of tryouts, the student must be enrolled in Ore City ISD.
2. Must have at the time of try outs, a minimum of 70 in each subject and must abide by the UI L "no pass, no play" rule. The student may not have more than 2 discipline referrals per semester. The student may not have more than 3 unexcused absences per semester. These requirements must be maintained as long as the student is a cheerleader.
- 3. Must purchase all necessary uniforms.**
4. Must attend summer cheer camp. This is mandatory.
5. All Varsity and JV School Cheerleaders will be required to cheer at all Varsity and JV games. Cheer coaches will provide transportation on a bus to all away games.
6. Must conduct themselves as ladies and gentlemen at all times, especially when in uniform.
7. Must refrain from the use of drugs, tobacco, alcohol, and profane language at all times.
8. Must notify sponsor ahead of time for any absences.
9. Must attend all summer practices that are scheduled. No practice will be conducted without a sponsor or adult designee present.
10. Each cheerleader will be expected to attend practices once school begins. These will normally be after school. Specific day and times will vary.
11. Assignment to OCS more than 1 time per semester can result in review of tryout eligibility at Sponsor/ Principal discretion.
12. Student wishing to try out for cheerleader must return the permission slip along with a Medical Release form.
13. Tryouts will be in black shorts, white shirt, and white socks ONLY. The shirt **cannot** be a tank top.
14. Cheerleaders will be selected by coaches. Selection will be based on individual ability to perform, communicate, motions, cheer, chant, jumps, gymnastics and overall impression. Attitude will be a huge factor in the tryout.
15. Three days of evaluation will determine coaches' decision. During these three days the gym will be closed to the public. At the end of the third day you will be placed on Varsity or Junior Varsity squad.

16. Grade level will not determine which squad you will be placed. Performance and capability will be the deciding factor along with teacher evaluations. Example: A Jr or Sr does not assure a spot on Varsity nor does a Freshman or Sophomore exclude you from Varsity.
17. A deposit of \$250 will be due the Friday following tryouts. The total can range up to \$800 (this is why we do fund raising- to lower the cost). Payment schedule for the balance will be worked out and given to each cheerleader. The payment schedule needs to be kept by each individual. Payments must be made on due dates.
18. All cheerleaders are expected to participate in fund raising or will result in disciplinary action.
19. All cheerleaders are expected to participate in theme days assigned or will result in disciplinary action by coach.
20. If you quit cheer the prior year you are not eligible to tryout.

Performance Requirements

1. Members of the squad are to listen and follow the directions of the coaches.
2. Each member will be required to know the assigned material for that week. If they do not know all of the material, they will sit out until the following week or be placed on JV.
3. Poor attitude will not be tolerated. If you have a poor attitude, it could cause you to be ineligible to participate. You will dress out and sit with the coach on the sideline.
4. Cheerleaders will maintain proper sideline behavior at all times. This, includes but is not limited to: no excessive talking/visiting, paying attention to game, standing in correct formation, showing respect during National Anthem /School songs, no taunting, cheer/spirit throughout game.
5. If unexcused absence from practice, you will not be allowed to perform that week.
6. Proper uniform is required at all times.
7. A member may take part in other activities related to school PROVIDED that any conflict can be worked out in advance.
8. A cheerleader is only allowed to leave an away game with a parent. A permission slip must be given to the sponsor by the end of the game.
9. Cheerleaders will abide by the UI L guidelines and will be expected to follow the current OCISD Drug and Alcohol regulations.
10. A cheerleader who is injured at any time during the season must have a doctor's note to be excused. A doctor's release must be on file before a member returns to performing status.
11. Members will be responsible for the care and cleaning of all uniform pieces.
12. Uniforms are to be worn to cheerleading functions only. No part of the uniform may be worn by anyone who is not a member of the squad.
13. Cheerleading is a UIL sport and will be treated as a sport.
14. We will compete in competitions that are available. This will be mandatory.

OCHS Tryout Score Sheet

Canidate# _____

Coach# _____

*Score each participant on a scale of 1-10 with 1=poor and 10=superior.

Individual

Communication (voice, words, expressions) _____ /10

Spirit (showmanship) _____ /10

Motions (placement, sharpness) _____ /10

Cheer (timing, knowledge, and overall performance) _____ /10

Chant (timing, knowledge, and overall performance) _____ /10

Jumps (form approach, height, pointed toes) _____ /10

*Must have a 3 combination sequence

Gymnastics

Skill performed: _____ /10

Overall Impression _____ /10

Group

Dance Fight Song _____ /10

Overall Impression _____ /10

Teacher Evaluations _____ /50%

Comments:

OCHS CHEER

I have read and agree to the OCHS cheer constitution. I understand that all monies are due on the dates specified by coaches.

Cheerleader

Parent

I understand that any equipment/uniform that the school provides must be returned cleaned and in good condition. If this is not done it will result in disciplinary action.

Cheerleader

Parent

Coach

Principal

Ore City Middle School Cheerleader Constitution

Try-Out Information:

- 1 At the time of tryouts, the student must be enrolled in Ore City ISD.
- 2 Must have at the time of tryouts, a minimum of 70 in each subject and must abide by the UI L. "no pass, no play" rule. The student may not have more than 2 discipline referrals per semester. The student may not have more than 3 unexcused absences per semester. These requirements must be maintained as long as the student is a cheerleader.
- 3. Must purchase all necessary uniforms.**
4. Must attend summer cheer camp. This is mandatory.
5. All Middle School Cheerleaders will be required to attend both 7th and 8th grade home and away football games. Cheer sponsor will provide transportation on a bus to all away games.
6. Must conduct themselves as ladies and gentlemen at all times, especially when in uniform.
7. Must refrain from the use of drugs, tobacco, alcohol, and profane language at all times.
8. Must notify sponsor ahead of time for any absences.
9. Must attend all summer practices that are scheduled. No practice will be conducted without a sponsor or adult designee present.
10. Each cheerleader will be expected to attend practices once school begins. These will normally be after school. Specific day and times will vary.
- 11 Assignment to OCS more than 1 time per semester can result in review of tryout eligibility at Sponsor/ Principal discretion.
- 12 Student wishing to tryout for cheerleader must return the permission slip along with a Medical Release form.
13. Tryouts will be in black shorts, white shirt, and white socks ONLY. The shirt **cannot** be a tank top. This is to be worn on the third day of evaluation.
14. Cheerleaders will be selected by coaches. Selection will be based on individual ability to perform, communicate, motions, cheer, chant, jumps, gymnastics and overall impression. Attitude will be a huge factor in the tryout.
15. Three days of evaluation will determine coaches' decision. During these three days the gym will be closed to the public. At the end of the third day you will be placed on Varsity or Junior Varsity Squad.

16. A member may not tryout for cheerleader the following year if they have quit the squad prior to tryouts.
17. A deposit of \$250 will be due the Friday following tryouts. The total can range up to \$800 (this is why we do fund raising- to lower the cost). Payment schedule for the balance will be worked out and given to each cheerleader. The payment schedule needs to be kept by each individual. Payments must be made on due date.
18. All cheerleaders are expected to participate in fund raising or will result in disciplinary action.
19. All cheerleaders are expected to participate in theme days assigned or will result in disciplinary action by coach.

Performance Requirements

1. Members of the squad are to listen and follow the directions of the coaches. Each member will be required to know the assigned material for that week. If they do not know all of the material, they will sit out until the following week
2. Poor attitude will not be tolerated. If you have a poor attitude, it could cause you to be ineligible to participate. You will dress out and sit with the sponsor on the sideline.
3. Cheerleaders will maintain proper sideline behavior at all times. This includes, but is not limited to: no excessive talking/visiting, paying attention to game, standing in correct formation, showing respect during National Anthem /School songs, no taunting, cheer/spirit throughout game.
4. If unexcused absence from practice, you will not be allowed to perform that week.
5. Proper uniform is required at all times.
6. A member may take part in other activities related to school PROVIDED that any conflict can be worked out in advance.
7. A cheerleader is only allowed to leave an away game with a parent. A permission slip must be given to the sponsor by the end of the game.
8. Cheerleaders will abide by the UIL guidelines and will be expected to follow the current OCISD Drug and Alcohol regulations.
10. A cheerleader who is injured at any time during the season must have a doctor's note to be excused. A doctor's release must be on file before a member returns to performing status.
11. Members will be responsible for the care and cleaning of all uniform pieces.
12. Uniforms are to be worn to cheerleading functions only. No part of the uniform may be worn by anyone who is not a member of the squad.
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Teacher Evaluations _____ /50%

Comments:

OCMS CHEER

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Cheerleader

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Cheerleader

Parent

Coach

Principal
